

**T** test

**1** one

**D** drop

Your symptoms may be  
a sign of undiagnosed  
**TYPE 1 DIABETES**

## **TEST ONE DROP & STOP Diabetic Ketoacidosis**

A simple, inexpensive finger stick  
or urine test could save a life.

### **Warning Signs of TYPE 1 DIABETES:**

- excessive thirst
- frequent urination/bedwetting
- increased appetite
- abdominal pain
- irritability/grouchiness
- headaches/vision changes
- itchy skin/genitals/yeast
- sudden weight loss
- nausea/vomiting\*
- fruity-scented breath\*
- lethargy/drowsiness/fatigue\*
- labored and/or rapid breathing\*
- confusion/unconsciousness\*

\* A combination of any of these symptoms can  
be life-threatening. Seek EMERGENCY CARE.

Type 1 Diabetes is often confused with  
common illnesses. Don't assume! Ask  
your doctor to **TEST ONE DROP** of  
blood or urine to check for high  
glucose levels and stop DKA before  
life-threatening complications occur!



[www.TestOneDrop.org](http://www.TestOneDrop.org)